

BUSINESS BUILDER RETREAT

NOVEMBER 10 – 11, 2018



CLAUDIA DELGADO

Claudia Delgado draws inspiration from her South and North American native roots and ancestral Hawaiian traditions to share her precious learnings during her yoga classes. She is trained and certified in Yin yoga, chair yoga, and parent-child yoga. She also teaches meditation and Hatha Flow. Motivated by her search for mind-body balance, Claudia has practised yoga for several years and is determined to help each person she meets on their journey towards global health.